

Gracie Barra Katy

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BRAZILIAN JIU JITSU

MON.	TUES.	WED.	THU.	FRI.	SAT.	SUN.
ALL LEVELS 5:00 AM - 6:00 AM GI	ALL LEVELS 5:00 AM - 6:00 AM NO-GI	ALL LEVELS 5:00 AM - 6:00 AM GI	ALL LEVELS 5:00 AM - 6:00 AM NO-GI	ALL LEVELS 5:00 AM - 6:00 AM GI & NO GI	JUNIOR (7-13) 10:00 AM - 11:00 AM	BY INVITATION ONLY WRESTLING 10:00 AM - 12:00 PM
ALL LEVELS 6:00 AM - 7:00 AM	ALL LEVELS 6:00 AM - 7:00 AM	ALL LEVELS 6:00 AM - 7:00 AM	ALL LEVELS 6:00 AM - 7:00 AM	ADVANCED BJJ 11:00 AM - 12:30 PM		ONLY UPON NOTIFICATION KIDS COMPETITION CLASS 11:00 AM - 12 PM
ADVANCED BJJ 11:00 AM - 12:00 PM	NO - GI 11:00 AM - 12:00 PM	ADVANCED BJJ 11:00 AM - 12:00 PM	NO - GI 11:00 AM - 12:00 PM	ADVANCED FREE ROLL 4:00PM	ALL LEVELS 11:00 AM - 12:00 PM	LIVE TRAINING 10:00AM - 12:00PM
ADVANCED FREE ROLL 4:00 PM	ADVANCED JUNIORS 5:00 PM - 5:45 PM	ADVANCED FREE ROLL 4:00 PM	ADVANCED JUNIORS 5:00 PM - 5:45 PM			
LITTLE CHAMPS (3-6) 5:00 PM - 5:45 PM	ADULT WRESTLING 5:00 PM - 6:30 PM	LITTLE CHAMPS (3-6) 5:00 PM - 5:45 PM	JUNIOR (7-13) 5:45 PM - 6:30 PM	ADULT WRESTLING 5:00 PM - 6:30 PM	LIVE TRAINING 12:00 PM - 12:30 PM	NO CLASSES
KIDS WRESTLING 5:00 PM - 6:00 PM	JUNIOR (7-13) 5:45 PM - 6:30 PM	ADULT WRESTLING 5:00 PM - 6:30 PM	KIDS WRESTLING 5:45 PM - 6:45 PM	ADVANCED BJJ 6:30 PM - 7:30 PM		
JUNIOR (7-13) 5:45 PM - 6:30 PM	ALL LEVELS NO - GI 6:30 PM - 7:30 PM	JUNIOR (7-13) 5:45 PM - 6:30 PM	FUNDAMENTALS 7:30 PM - 8:30 PM	ADVANCED JUNIORS 5:45 PM - 6:30 PM		
FUNDAMENTALS 6:30 PM - 7:30 PM	LIVE TRAINING NO - GI 7:30 PM - 8:00 PM	FUNDAMENTALS 6:30 PM - 7:30 PM		DRILLS 6:00 PM - 7:00 PM		
LIVE TRAINING 7:30 PM - 8:00 PM		LIVE TRAINING NO - GI 7:30 PM - 8:00 PM				